



Meet

- Designator:** •NS-11
- Meet Name:** •Dual Plus Duals
- Date:** •November 9, 2018

- Venue:**
- Northside ISD Aquatic Complex
 - 8400 North Loop 1604 West
 - San Antonio, TX 78249
 - 210-397-7525

Entry

- Restrictions:**
- Swimmers may enter no more than four (4) events, two (2) of which may be individual events
 - National Federation Rules
 - Teams may enter no more than four (4) swimmers per Varsity Event
 - Teams may enter no more than four (4) swimmers per Sub-varsity event
 - Maximum of four (4) relay entries per Relay Event

- Entry Fees:** •Per League Standard – Please refer to the AAHSSL Handbook

Entry

- Deadline:** •1200, Monday, November 5, 2018

Schedule:

- Teams →
 - Warm-ups begin @ 1400
 - Coaches meet @ 1450
 - Competition begins @ 1500
- NOWA v NBRE v SALE

Order of Events / Distances are in Yards

Girl's Event #	Distance	Stroke	Boy's Event #
1	200	Medley Relay	2
3	200	Freestyle	4
5	200	Individual Medley	6
7	50	Freestyle	8
107*	50*	Freestyle*	108
Fifteen Minute Break			
11	100	Butterfly	12
13	100	Freestyle	14
113*	100*	Freestyle*	114*
15	500	Freestyle	16
17	200	Freestyle Relay	18
19	100	Backstroke	20
21	100	Breaststroke	22
23	400	Freestyle Relay	24
*Sub-varsity event – Not scored!			