



Meet

Designator: •NS-16

Meet Name: •Dual Plus Duals

Date: •November 17, 2018

Venue: •Northside ISD Aquatic Complex
 •8400 North Loop 1604 West
 •San Antonio, TX 78249
 •210-397-7525

Entry

Restrictions: •Swimmers may enter no more than four (4) events, two (2) of which may be individual events
 •National Federation Rules
 •Teams may enter no more than four (4) swimmers per Varsity Event
 •Teams may enter no more than four (4) swimmers per Sub-varsity event
 •Maximum of four (4) relay entries per Relay Event

Entry Fees: •Per League Standard – Please refer to the AAHSSL Handbook

Entry

Deadline: •1200, Tuesday, November 13, 2018

Schedule:

•Teams → •NOCL v NOHC v NOWA
 •Warm-ups begin @ 0800
 •Coaches meet @ 0850
 •Competition begins @ 0900

Order of Events / Distances are in Yards

Girl's Event #	Distance	Stroke	Boy's Event #
1	200	Medley Relay	2
3	200	Freestyle	4
5	200	Individual Medley	6
7	50	Freestyle	8
107*	50*	Freestyle*	108
Fifteen Minute Break			
11	100	Butterfly	12
13	100	Freestyle	14
113*	100*	Freestyle*	114*
15	500	Freestyle	16
17	200	Freestyle Relay	18
19	100	Backstroke	20
21	100	Breaststroke	22
23	400	Freestyle Relay	24
*Sub-varsity event – Not scored!			