



ALAMO HEIGHTS INDEPENDENT SCHOOL DISTRICT 2018-2019 HIGH SCHOOL SWIMMING AND DIVING SCHEDULE a/o 10 August 2018

DAY	DATE	MEET	SITE	TIME
Monday	August 27	Pre-Season Workouts (Mon., Tues., Thurs., Fri.)	Alamo Heights	7:15 AM
Monday	September 24	Regular Season Workouts Begin (Mon., Tues., Thurs., Fri.) (Wed. 8:00 AM)	Alamo Heights	7:00 AM
Friday	October 12	AAHSSL Diving	Northside Swim Center	6:00 PM
Saturday	October 13	Alamo Heights vs. MacArthur vs. Harlan	Alamo Heights	10:00 AM
Friday-Saturday	November 16-17	TISCA Swimming and Diving Championships	Corpus Christi Flour Bluff	9:00 AM
Friday-Saturday	November 30-December 1	TISCA Swimming and Diving Championships	Palo Alto	All Day
Friday	December 14	AAHSSL Diving	Northside Swim Center	6:00 PM
Saturday	December 15	Alamo Heights vs. Johnson vs. Flour Bluff	Alamo Heights	10:00 AM
Monday-Friday	Dec. 24-29	No High School Workouts (UIL moratorium)		
Saturday	January 5	Alamo Heights vs. Clemens vs. Fredericksburg	Alamo Heights	10:00 AM
Friday	January 11	2019 AAHSSL Winter Swim Invite	San Antonio Natatorium	9:00 AM
Friday	January 11	AAHSSL Diving-State Preview	Palo Alto	6:00 PM
Thursday	January 24	UIL District 5A Swimming Championships (timed final)	Josh Davis Natatorium	10:00 AM
Friday	January 25	UIL District 5 A Diving Championships	Josh Davis Natatorium	5:00 PM
Friday-Saturday	Feb. 1-2	UIL Region VII Swimming and Diving Championships	Ft. Bend ISD	10:00 AM 2:30 PM
Friday-Saturday	Feb. 15-16	UIL 5 A State Swimming and Diving Championships	Lee and Joe Jamail Texas Swim Center	4:00 PM 3:30 PM
Monday	April 1	AHHS Swim Tryouts	Alamo Heights	4:15 PM
Tuesday	April 2	Spring Training	Alamo Heights	7:45 AM



ALAMO HEIGHTS INDEPENDENT SCHOOL DISTRICT 2018-19 HIGH SCHOOL WATER POLO SCHEDULE

DAY	DATE	MEET	SITE	TIME
Monday	August 13	Fall Water Polo Workouts Start	Alamo Heights	6:30 AM
Saturday	September 1	Northside Water Polo Tourney # 1	Northside 1604	All Day
Saturday	September 8	Northside Water Polo Tourney # 2	Northside 1604	All Day
Saturday	September 15	Northside Water Polo Tourney # 3	Northside 1604	All Day
Thursday-Friday	September 21-22	Northside Alamo Cup Water Polo Championships	Northside 1604	All Day
Monday	February 25	Spring Water Polo Workouts Start	Alamo Heights	6:30 AM